

Fall Class Schedule

Higher Belts Testing Must be Approved & Scheduled by Marie
Students Should Arrive 10 Minutes Prior to Class Time to Warm-Up for Class

After School TKD program Mon thru Fri 3:00 - 6:00 pm ~ TKD class 4:15 - 5:00 Transportation Provided Call for Details						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Martial Arts Basic Skills 4:00 - 4:45pm (6-11 yr olds)	Martial Arts Basic Skills 4:00 - 4:45pm (6-11 yr olds)	Martial Arts Basic Skills 4:00 - 4:45pm (6-11 yr olds)	Martial Arts Basic Skills 4:00 - 4:45pm (6-11 yr olds)	Martial Arts Basic Skills 4:00 - 4:45pm (6-11 yr olds)		
Little Champs TaeKwonDo 5:00 - 5:30pm (4-6 yr olds)	Little Champs TaeKwonDo 5:00 - 5:30pm (4-6 yr olds)	Little Champs TaeKwonDo 5:00 - 5:30pm (4-6 yr olds)	Little Champs TaeKwonDo 5:00 - 5:30pm (4-6 yr olds)		Forms Class Basic Skills 10:45 - 11:35am (5 yrs & above)	
TaeKwonDo 5:35 - 6:20pm (6-12 yr olds)		TaeKwonDo 5:35 - 6:20pm (6-12 yr olds)		Sparring Class 5:00 - 6:00pm	Martial Arts Basic Skills 12:00 - 12:45pm (6-11 yr olds)	
	Kids Basic Self Defense / BJJ 5:45 - 6:30pm (6-11 yr olds)		Kids Basic Self Defense / BJJ 5:45 - 6:30pm (6-11 yr olds)	Demo Team To be Determined	Boxing 1:00 - 3:00pm	Private lessons Available Call to schedule
Advanced TaeKwonDo 6:00 - 7:10pm (Green-Black Belts 12 yrs old & up)	Advanced Self Defense / BJJ 6:45 - 7:30pm (12 yrs old & up)	Advanced TaeKwonDo 6:00 - 7:10pm (Green-Black Belts 12 yrs old & up)	Advanced Self Defense / BJJ 6:45 - 7:30pm (12 yrs old & up)		Demo Team To be Determined	Testing White to Green Stripe 2nd and 4th Tuesday of each month (pre-testing required)
Boxing 7:15 - 8:00pm	Brazilian Jiu Jitsu 7:45 - 9:00pm (Adults)	Boxing 7:15 - 8:00pm	Brazilian Jiu Jitsu 7:45 - 9:00pm (Adults)		BJJ at Bristol Location 11:00am - 1:00pm (Confirm Class time with Bob)	Testing Green to Red / Black Stripe Last Saturday of each month (pre-testing required)
				Basic TaeKwonDo (White - Green Stripe Belts) Advanced TaeKwonDo (Green - Black Belts)		

School Closing Dates – 2020/2021

Good Friday/Springing Break (TKD Classes)	4/9 - 4/10/20
After School Program's Spring Break	4/9 - 4/10/20
Tournament	(Date needs to be confirmed)
Memorial Day	5/23 - 5/25/20
July 4th	6/29 - 7/6/20
Labor Day	8/29 - 9/7/20
Halloween (TKD Classes)	10/31/20
Thanksgiving	11/25 - 12/1/20
Christmas / Winter Break	12/24 - 1/3/21