

Fall Class Schedule

Higher Belts Testing Must be Approved & Scheduled by Main Instructors
Students Should Arrive 10 Minutes Prior to Class Time to Warm-Up for Class

After School TKD program Mon thru Fri 3:00 - 6:00 pm ~ TKD class 4:15 - 5:00 Transportation Provided Call for Details						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Little Champs TaeKwonDo 5:00- 5:30pm (3-5 yr olds)	Little Champs TaeKwonDo 5:00- 5:30pm (3-5 yr olds)	Little Champs TaeKwonDo 5:00- 5:30pm (3-5 yr olds)	Little Champs TaeKwonDo 5:00- 5:30pm (3-5 yr olds)		Forms Class Basic Skills 10:45 - 11:35am (5 yrs & above)	
TaeKwonDo 5:35 – 6:20pm		TaeKwonDo 5:35 – 6:20pm				
Mixed Martial Arts (MMA) 6:25 - 7:20pm (All ages)	Brazilian Jiu Jitsu 5:35 - 6:20pm <i>Beginners</i>	Mixed Martial Arts (MMA) 6:25 - 7:20pm (All ages)	Brazilian Jiu Jitsu 5:35 - 6:20pm <i>Beginners</i>		Boxing 1:00 - 3:00pm	
Boxing 7:25 - 8:25pm	Ladies Self Defense 6:25 - 7:05pm	Boxing 7:25 - 8:25pm	Ladies Self Defense 6:25 - 7:05pm			Private lessons Available Call to schedule
	Brazilian Jiu Jitsu 6:25 - 7:05pm <i>Intermediate</i> (All ages)		Brazilian Jiu Jitsu 6:25 - 7:05pm <i>Intermediate</i> (All ages)		BJJ at Bristol Location 12:00pm - 2:00pm (Confirm Class time with Bob)	
BJJ at Bristol Location 7:00 - 9:00pm	Brazilian Jiu Jitsu 7:10 - 9:00pm <i>Advanced</i> (Adult)	BJJ at Bristol Location 7:00 - 9:00pm	Brazilian Jiu Jitsu 7:10 - 9:00pm <i>Advanced</i> (Adult)		Forms Class Basic Skills 10:45 - 11:35am (5 yrs & above)	

School Closing Dates – 2023/2024	
After School Program's Spring Break	(Mon-Sat) 3/25 - 3/30/24
Tournament	(Date needs to be confirmed)
Memorial Day	(Sat-Mon) 5/25 - 5/27/24
July 4th	(Sat-Sat) 7/1 - 7/8/24
Labor Day	(Sat-Mon) 8/26-9/4/23
Halloween (TKD Classes)	(Tues) 10/31/23
Thanksgiving	(Wed-Sat) 11/22 - 11/26/23
Christmas / Winter Break	(Sat-Wed) 12/23/23 - 1/3/24